



# LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

June 2021

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MTCNLC.ORG



Phone List

|                                            |          |
|--------------------------------------------|----------|
| Peter E. Baker<br>MTC President            | 445-6383 |
| John Adamson<br>MTC Vice President         | 445-1277 |
| Richard McCombs<br>Rec. Sec'y MTC          | 445-1277 |
| Cat Race<br>Sec'y Treasurer                | 445-1277 |
| George Nowosielski<br>Local 777            | 445-8170 |
| Dennis Urquhart<br>Local 1122              | 445-1927 |
| Richard (Chick) McCombs<br>Local 261       | 445-2224 |
| Jim Spencer<br>Local 1871                  | 445-8619 |
| Patrick Joyce<br>Local 614                 | 445-4973 |
| Danny Sanchez<br>Local 547                 | 448-2577 |
| Robert Hill<br>Local 493                   | 575-1384 |
| Paul Bruno<br>Local 106                    | 445-1216 |
| Cat Race<br>Occup. Health &<br>Safety Comm | 445-1277 |
| Frank Ward                                 | 501-3263 |

With more and more people being vaccinated and the rate of COVID-19 infections dropping, EB is following the CDC and State guidelines by reducing some of the protections that have been in place. The most significant is the wearing of mask. If you have been fully vaccinated, you no longer need to wear a mask. This is based on the honor system. No one is out checking to see if you've been vaccinated if you are not wearing a mask. So, do the honorable thing. I want to Thank all the people who have tried to keep us safe throughout this pandemic and those who worked through the problems encountered to try and make this a little less painful.

We are continuing to work to protect the members and make our jobs safer. We have sent 30 Union Representatives through the OSHA 30 class and will be sending more. We have also reopened the 16J mockup safety training where you will pass through the mockup and identify hazards.

Strains and sprains continue to be the largest injury type and are caused by a variety of reasons. You can have the biggest impact on these types of injuries by stretching. We are working with the Wellness Center Physical Therapist to develop the stretching program for the types of work we do. However, we are having difficulty in recruiting hourly people to learn these stretches and to lead their coworkers. If you are interested in participating as a stretching coach, contact your Local Union.

The most significant recent event to impact safety is the death of an employee at Quonset Point. This person was performing a job that he had done the way he did it hundreds of times and nothing ever happened, until it did. Nobody knows exactly what occurred except this person died. Similarly, we do the same thing here. Because nothing ever happened there is nothing wrong with the way we do it. Just because we've always done it that way and we've never done it that way is an attitude that must change if we are to further reduce injuries and prevent deaths.

Please continue to work Safe.  
I am, Fraternaly Yours  
Peter E. Baker



### CONDOLENCES

Our condolences go out to the families and friends of our retired brothers Steven Gencarella and Eugene Fiore. Steve passed away on April 16, 2021. He was an Administrative Clerk in Dept. 333 prior to retirement in 2018 with over 45 years of service. Steve was one of the last of the original Expeditors. Gene passed away on May 13, 2021. He was a Department Clerk-Planning with 40 years service when he retired.

### VP HOWIE MANUEL RETIRES FROM EB

Howie retired in May after 48 years at EB. His career included Welder, Pipefitter, Carpenter, and Trade Instructor. He also came to Local 106 as an Industrial Radiography Tech and again as a Decontamination Tech. Howie stepped up when Local 106 needed help and served as Steward, Trustee, MTC Delegate and later as Vice President. His level headed approach to problem solving and experience earned him respect from people he dealt with. Howie has left the shipyard but is remaining on with Local 106 as Vice President.

### OPEIU UNION BENEFITS

Valuable Union Plus benefits are available to you because of our International Union. These benefits have been negotiated by using the strength of 15 million AFL-CIO union members. Union Plus is the only labor-backed organization with programs that give union members the help they need today when they are off the job. The program includes the following: Visit [UnionPlus.org](http://UnionPlus.org) for more info

|              |                   |                    |                                |                         |
|--------------|-------------------|--------------------|--------------------------------|-------------------------|
| Annuities    | AT&T Wireless     | Auto Buying        | Auto Insurance                 | Car & Truck Rentals     |
| Credit Card  | Credit Counseling | Education Services | Health Savings                 | Entertainment Discounts |
| Insurance    | Legal Services    | Mortgage           | Motor Club                     | Pet Services            |
| Prepaid Card | Travel Center     | Every Day Savings  | Grants & Union Plus Assistance |                         |

### DIGNITY AND RESPECT

These are the two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is any issue speak to your Union Steward.

### INCREASE YOUR 401(K)

This would be a great time to increase your 401(K) deduction. Years from now you will be thankful that you did this!!!!

### OPEIU Identity Protection Benefit

Visit: [OpeiuIDProtect.com](http://OpeiuIDProtect.com) to enroll yourself and your family.

### UNION MEETINGS

Union meetings are important and I encourage you to come and participate in the affairs of our Union. The monthly meetings normally lasts about 30 minutes and your participation will help to make this Union even stronger.

### NEW HIRES

YOU must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and

additional life insurance. If you are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late. I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject. Contact General Dynamics Service Center (1-888 432-3633) Monday - Friday 9am to 9pm. OR [www.gdbenefit.com](http://www.gdbenefit.com) (24hrs/7days). Any questions call EB Benefits: 860-433-4201 or Frank Ward, Union Insurance Representative: 860-501-3263.

### WWW.OPEIULOCAL106.ORG

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

### LABOR'S VIEWS ON LINE

LABOR'S VIEWS may be seen on [opeiulocal106.org](http://opeiulocal106.org) and the new Metal Trades Council web site [mtcnlc.org](http://mtcnlc.org). LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homepage.

### "Weingarten" Rights

Visit: Youtube Weingarten Rights: Training for Shop Stewards. Take ten minutes to see a brief video from OPEIU Local 8 about your rights. If YOU are sent to SECURITY for any reason or are being questioned by MANAGEMENT, YOU should request a STEWARD. YOU do not have to answer any questions until you have UNION REPRESENTATION. THIS INCLUDES CRITIQUES, "DECKPLACE" OR ANY OTHER INVESTIGATION.

### SAFETY SHOES

If you did not pick up your safety shoes last year you can get a more expensive pair this year with the money you did not use. Please do not forget. This is a benefit that has been negotiated for you and we want it to continue. You may now carry money over for one year only in order to get a more expensive pair. Red Wing Shoes has a store in Groton and if you get your shoes there you will have to pay and bring them in to the Safety Dept. with a receipt in order to get your refund.

### UNION COMMUNICATIONS

UNION STEWARDS: Justin Briggs 860-460-3197 1st Shift      Arlene Allard x37797 2nd Shift      Mark Cross x35569 3rd Shift  
Phone # 860-445-1216, FAX # 860-446-0175, E-mail [prof.emp@snet.net](mailto:prof.emp@snet.net) . (I do not get e-mails in the shipyard.)  
[opeiulocal106.org](http://opeiulocal106.org)      [opeiu.org](http://opeiu.org)      [UnionPlus.org](http://UnionPlus.org)      [mtcnlc.org](http://mtcnlc.org)

If you change your home address, phone number, or e-mail do not forget to notify the Union.

UNION MEMBERSHIP MEETINGS HAVE BEEN SUSPENDED FOR JUNE, JULY & AUGUST. THE LOCAL 106 EXECUTIVE BOARD WILL STILL MEET AND IF SOMETHING DEVELOPS THAT REQUIRES A MEMBERSHIP MEETING THE UNION WILL NOTIFY EVERYONE.  
SEPTEMBER UNION MEMBERSHIP MEETING Monday, September 13, 2021 at 5:30 p.m. at the Union Hall, 171 Thames Street, Groton, Connecticut  
Paul A. Bruno Jr.  
President/Chief Steward



# Local 614

DEAR BROTHERS AND SISTERS;  
COVID RESTRICTIONS HAVE BEEN LIFTED AND WE CAN GET BACK TO NORMAL. LETS OPEN UP ALL THE BUSINESSES AND GET EVERYONE BACK TO WORK. A LOT OF SMALL BUSINESSES WERE DEVISTATED BY THIS PANDEMIC, AND SOME MAY NEVER RETURN. SO PLEASE, GO OUT AND SUPPORT YOUR LOCAL RESTARAUNTS AND SHOPS. IF YOU FEEL UNCOMFORTABLE YOU CAN WEAR A MASK IF YOU CHOOSE TO DO SO. PLEASE BE KIND TO ONE ANOTHER. SOME PEOPLE LIKE TO RIDICULE OTHER PEOPLE FOR CONTINUING WEARING A MASK. WE HAVE THE RIGHT TO WEAR A MASK OR NOT TO WEAR A MASK. YOU ALSO HAVE THE RIGHT TO BE VACCINATED OR NOT. THAT IS WHAT MAKES US A FREE COUNTRY.

WORK IS STARTING TO PICK UP A BIT. I NOTICED MORE WORK FOR THE COLUMBIA CLASS ON SITE. SOME OF THE WORK IS QUITE LABOR INTENSIVE. THE USS HARTFORD WILL BE ARRIVING IN THE SHIPYARD FOR A LENGHTY OVERHAUL. WITH AN INCREASE IN THE WORKLOAD WE MUST REMAIN VILIGANT IN OUR WORKERS SAFETY. WE HAVE HAD NOT SO STELLAR NUMBERS WITH SAFETY RECENTLY. BE AWARE OF YOUR WORK SITE, WATCH OUT FOR OUR FELLOW WORKERS, AND KEEP YOUR HEAD ON A SWIVEL. WITH THE INCREASED WORKLOAD COMING UP WE MUST STAY FOCUSED ON PROCEDURE COMPLIANCE. WHEN WE GET BUSY IT SEEMS UPPER MANAGEMENT IS LOOKING AT THE NUMBERS MORE THAN THE ACTUAL WORK BEING PERFORMED. IT IS UP TO US TO BUILD THESE BOATS RIGHT. WE ARE THE FINAL SAY. EXAMPLES; "I NEED JUST A TACK HERE, OR THE PACKAGE SAYS TO CUT THIS HANGER BUT WE NEED THIS ONE CUT AS WELL." IF YOU ENCOUNTER THIS, AND YOU WILL, STOP! IF IT IS NOT ON PAPER AND YOU WERE NOT BRIEFED CORRECTLY DO NOT PROCEED! PROFITS AND KEY EVENTS ARE WHAT THE 10TH FLOOR STRIVES FOR. WE ARE HERE FOR THE SAFETY AND WELL BEING OF OUR SUBMARINE SAILORS. REMEMBER, ONCE YOU SIGN OFF ON THE PAPERWORK YOU OWN IT. SOMETIMES FOR THE LIFE OF THE SHIP.

THE FORMAT FOR THE SAFETY/PRODUCTION BONUSSES HAVE CHANGED. WE CAN GET A ONCE A YEAR BONUS FOR \$1500 IF ALL THE GOALS ARE MET. THEY RAISED THE BAR HIGHER TO MEET THESE GOALS AND NOW YOU ARE REQUIRED TO HAVE A TOAL OF 1880 HOURS WORKED IN THE CALENDAR YEAR. NEGOTIATED VACATION AND SICK TIME WILL GO AGAINST OUR HOURS WORKED. THE BOILERMAKERS UNION WAS AGAINST THIS. WITH THE COVID RESTRICTIONS LIFTED AND NICE WEATHER UPON US PLEASE ENJOY GETTING OUT. PLEASE COME TO YOUR NEXT MONTHLT UNION MEETING ON TUESDAY, JUNE 8TH 2:45PM AT THE BOILERMAKERS UNION HALL.

SINCERELY,  
PATRICK JOYCE  
PRESIDENT



# Local 1871

Please stop by the union hall to purchase some Local 1871 Swag to represent your union. We have shirts, hats, jackets, sweaters and more!

In case it has not already started, EB will be implementing the whistles for end of work again. One at 2:15pm and one at 11:15pm. Upper management will also be taking note of who leaves the boats early .We are being given a grant from United Way to purchase a bigger and better freezer for our food bank! Thank you, United Way!

In the May meeting, it was voted on that we cancel July and August's regularly scheduled meetings. If something comes up, we will hold the meetings. If you would like to change shifts, please make sure you have an IRM in.

Before you retire, please contact the union, and let us know. Retirees can receive a union jacket and watch.

Also, a friendly reminder that if you are out for an extended amount of time and need to pay insurance premiums you have two options for the first 30 days: 1) Mail check to EB Benefits QP Office Dept 643 MSK60

165 Dillabur Ave North Kingstown, RI 02852

Or 2) Pay arrears upon RTW- double payments taken out weekly.

Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues do not come out.

If you have a change of address or phone number, PLEASE inform a union representative. The company is not allowed to share this kind of information with us.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for any support.

New Members: Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at [www.gdbenefits.com](http://www.gdbenefits.com) to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

IMPORTANT: If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward". Union Hall Phone Number: 860-445-8619

Stewards

Chief Steward: James Spencer 860-705-2266

First Shift OSM: Bill Harris 860-510-8315

Mark Sousa 401-743-3033

Mike Fantacci 860-884-7339

First Shift Machine Shop: Michael Shell 860-790-9136

Bill Dall 860-303-0257

First Shift All Other Areas: Janet Orr 860-608-8528

Second Shift ISM: George Raposa JR 860-908-0002

Second Shift OSM: George Blanchette 860-908-4149

Bill Ericson 860-705-6739

Second Shift All Other Areas: James Marcy 860-617-8035

Third Shift All Areas: Josh Machamer 860-908-5052

United Way Contact: Janet Orr 860-608-8528

MEETING NOTICE:

Meeting dates for the year will be posted on one notice in all areas. Next regular meetings will be May 13th , and June 10th if it is not voted to cancel June's meeting, at 3:00 p.m. at 18 Pleasant St Groton, CT 06340.

Fraternally,

Jimmy Spencer- President/ Chief Steward



# Local 777

We have had a number of issues lately with our negotiated insurance benefits. Many people prefer to do everything on the computer and some like to do everything over the phone. A good point of using the phone is everything is recorded, so if there is an issue, it can be replayed to clarify things. The computer is good also, but remember to print yourself a copy. A good point to remember is to do everything early, give yourself time to adjust if necessary. We are not quite halfway through the year, and some of our members are experiencing lost time problems.

We know the newer members don't get a lot of excused time off, and Covid also factored into the equation. Attendance is the hardest issue to defend, either you are here or not, if not, you have to be covered by entitlement time. Also, another issue, follow your supervisors directions. If you don't understand something, stop and question it. Don't proceed if you are unsure something isn't right or timely. I'm noticing an uptick in the issuing of warning slips and suspensions lately. My opinion is now that the covid restrictions are being relaxed, attendance is going to be looked at really hard- that's a word to the wise. We are having problems manning all the overtime slots in some titles, Usually, its just the opposite where we have more people wanting to work than openings. Either way it is our work, and not fulfilling our commitments is not good, which leads to our missing schedules and dates. The real hot weather and vacation schedules haven't even started yet. Remember, these dates all figure into our incentive bonus. July 4th, another Union negotiated holiday, is celebrated on Monday this year. Have a safe and happy long weekend.



# Local 1122

Thank you to everyone who helped with the Workers Memorial at Washington Park. Your help was greatly appreciated. There is an upcoming change to paint being issued to other MTC members. There will be Paint Certification cards issued to trained MTC employees that will be allowed to receive paint from our paint shops. There will be more information coming in the near future. As of this writing there is no upcoming road work. There will be a cornhole tournament to benefit the United Way on Saturday June 5, 2021 from Noon - 4 pm. The tournament will take place at the United Way at 283 Stoddards Wharf Road, Gales Ferry, CT. Parking will be at St. David's Church across the street. Cost is \$25 per person, \$50 for teams of 2. Thank you for supporting a good cause. Everyone please continue to work safe and stay safe.

I would like to wish a long and healthy retirement to Daniel LeBlanc. Thank you for your years of service to the painters.

**Debit Card Replacement:** If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto FidelityDebitCard.com to request a new one.

**Subbase NSSF and ARDM Shipping port request form:** The Department will no longer survey, you will have to fill out a form. See your steward for this form.

**Shift change request form:** Once you have been offered to transfer and you refuse, you will be responsible to fill out new shift change request form.

**Benefits:** Ernest (TJ) Holley is our benefits rep. Any questions concerning benefits he will get the answer for you.

**Overtime:** Ron Ingves is the overtime coordinator. Any questions concerning overtime he will get the answer for you.

**Road Job List:** Will be updated by myself, information will be sent to me as to who is going, who said no and who said yes, what job and place, start dates and end dates. All stewards will have a copy of the road job list.

**Stewards:** First shift Stewards: Allen Claar All Nuclear issues 813-300-9957, Ernest (TJ) Holley 860-538-1926, Ron Ingves 860-334-8141, Alternate Victor Delima 401-481-3947 Second shift Stewards: Chris Wilson 860-961-2930/860-501-2304, Alternates Elaine Key 860-460-7621 and Edwin Garay 860-910-2072.

**SAFETY:** Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, YOU SHOULD REQUEST A STEWARD !!! REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.

**IMPORTANT:** Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc., it is your responsibility to pay your portion for medical, dental, and vision you can be dropped from your benefits if you don't keep up your payments.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information! When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

**REMINDER:** If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

**IMPORTANT:** It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hrs notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this.

If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and 860-941-1579 and my email is painters.union@yahoo.com. Thank you for your ongoing support.

Fraternally yours, Dennis Urquhart-Cheif Steward

# LiUNA!

## Local 547 *Feel the Power*

door knobs, hand rails, and areas in each respective trades', break rooms, locker rooms, common areas where there are shared microwaves, refrigerators, tables and chairs. I understand that with more and more vaccines being made available to people, the thought process would be that everyone is now safe. But the reality is that the vaccine does not give you 100 percent immunity from the virus. The possibility of people contracting the virus is still present and I do not see why the disinfecting of these high traffic areas should cease. When it comes to safety Electric Boat goes above and beyond OSHA's regulations, so why should this pandemic, which puts our work force at risk, be treated any differently? Again, I thank all our members for the hard work you do.

Fraternally Yours,  
Danny Sanchez



## Local 261

**Union Meeting:** The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday June 8, 2021 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street. It is possible that some of the social distancing restrictions may be lifted but it will be essential to continue the social distancing and masks for those that have not been vaccinated.

We will notify you if we have to cancel or reschedule the meeting.

Once again, it is regret that I have to send our condolences to the Family of Michael "Ski" Koczwanski. Mike died from cancer and complications with COVID. Ski was a co-worker and a good friend. Our thoughts and prayers go out to his family.

It appears that we may have turned the corner with this pandemic. As you know the Company has changed the social guide lines and the wearing of masks. This is a good thing and hopefully we can get back to normal. I caution that we need to take this slow and make should it doesn't return. I asked that you respect your co-workers who are still concerned and continues to wear a mask. It will be good not to have to discuss this again.

Just a few months ago I was being told that there could be manpower reduction in OSE at the end of the year. In an effort to avoid this Company went searching for road job opportunities, looked into bring in work from other shipyards, even a plan to flex personnel in other occupational titles. I am pleased to report that with the EOH work on the USS Hartford and some pre work from the Columbia we now have started a hiring campaign which will keep us busy into the Columbia program. The Tests Department has started a massive hiring campaign that will help to get them caught up with their schedules. We are on the road to recovery but we need your support. One of the problems that Management has addressed with us is with accepting overtime assignments and then not showing up. Their work schedules and planning get pretty messed up and they do not get much done. Our concerns are when you accept overtime assignments and do not show up you may have prevented a co-worker from working overtime. We need to take a look at these assignments differently. A problem I have with management is they need to start concentrating on their work packages instead of their egos. Hopefully when we get busy they will worry about building submarines rather you being late for muster or monitoring conversations so they can report you to HR. They need to start learning how submarines are built instead of policing HR's rules and regulations.

We will continue to work the Company on making the job safer. They have approached us about safety programs that are being used in other shipyards. Some of these may have merit but need a little tweaking to fit our needs. I know you may not want to hear it but I am looking at the stretching program. I was hoping some of you may have some ideas on preventing strains and strains: if so give me a call.

It is important that we work together and we work safe! If we do, we can get through this.

Fraternally,  
Richard McCombs  
President/Business Manager



## Local 493

**REQUEST A STEWARD** If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You do not have to answer any questions until you have union representation.

**STEWARDS** 1st Shift Stewards - Keith Coppin 860-433-4657 Scott Harris 860-574-0208 1st Shift Alt - Scott Partosan 860-433-5816  
2nd Shift Stewards - John Ogden 860-433-4657 2nd Shift Alt 203-512-5959

**SAFETY:** Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe please contact a steward for guidance.

You can also contact MTC Safety at 860-445-6383

Enjoy your Memorial day weekend with your family and friends. I've enjoyed working with you guys so far this year, stay safe and keep up the good work.

Best Wishes,  
Robert Hill - Chief Steward  
Teamsters Local 493

# SPECIAL OFFERS FOR GENERAL DYNAMICS ELECTRIC BOAT EMPLOYEES!

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For more details, visit [CharterOak.org/content/EB](http://CharterOak.org/content/EB) or  
talk with one of our Member Service Representatives today!

\*Some restrictions may apply. †APY=Annual Percentage Yield.

### **MEMBERS BANK BETTER.**

Live, work or worship in New London or Windham Counties? Join us.

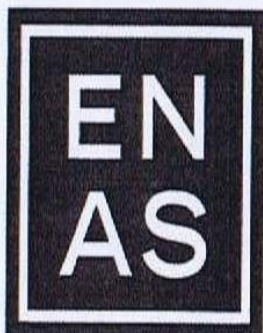


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CREDIT UNION

CharterOak.org | 860.446.8085 | 800.962.3237

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# EMBRY NEUSNER ARSCOTT & SHAFNER<sup>LLC</sup>

## PERSONAL INJURY

- ASBESTOS
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- PRODUCT INJURY
- MALPRACTICE
- ADMIRALTY AND MARITIME INJURIES

## WORKERS' COMPENSATION

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- WORK RELATED CANCERS
- HEART ATTACKS
- VIBRATION DISEASES
- HEARING LOSS
- BACK INJURIES

SECURITY CLEARANCE ■ GENERAL LITIGATION

**EMBRYNEUSNER.COM**   

860.449.0341 ■ [info@embryneusner.com](mailto:info@embryneusner.com) ■ 118 Poquonnock Road ■ Groton, CT 06340

## What you need to know about TCE (trichlor) and cancer



Certain solvents used in the trades have been associated with a higher risk of cancer. If you have worked with or around TCE (trichlor, used for cleaning) and have been diagnosed with cancer, give us a call for further information.



## Electric Boat Family Wellness Center

The EB Family Wellness Center provides a wide range of services including primary care, same day sick visits, and physical therapy with many services available at no cost.

- **Who is eligible to use the EB Family Wellness Center?**

All eligible employees and dependents age 2+ enrolled in an EB medical plan

- **What will it cost?**

All preventive services, including vaccines and your annual physical, are provided at no cost. Free blood pressure checks and visits with a condition management nurse are also available. Office visits with a medical provider are \$45 a visit and physical therapy services are \$25 a visit. Services will be billed to insurance and applied to your deductible.

- **Where is it located?**

The EB Family Wellness Center is located on the second floor of 32 Chicago Ave, Groton, CT. The same building as the EB Family Pharmacy.



Monday – Thursday, 7 a.m. – 6 p.m.

Friday, 6 a.m. – 5 p.m.

Saturday, 8 a.m. – 1 p.m.



860-629-8272

[www.ebfamilywellnesscenter.com](http://www.ebfamilywellnesscenter.com)

Your privacy is our priority.

Premise Health operates the EB Family Wellness Center and maintains all confidential medical information in accordance with federal requirements for medical privacy. No one at EB will have access to this information.

ELECTRIC BOAT

**Family Wellness Center**

Operated by Premise Health

## EB FAMILY PHARMACY DIMENSIONS PROGRAM

FREE diabetic prescription medications  
and testing supplies

If you or anyone covered by your EB medical plan is diabetic, sign up with the EB Family Pharmacy's Dimensions program and receive free medications and testing supplies to manage your diabetes.

Sign up anytime at the EB Family Pharmacy, 32 Chicago Avenue, Groton, CT.

Questions about the program?  
Contact the EB Family Pharmacy  
at 888-578-3457.



ELECTRIC BOAT

**Family Pharmacy**

GENERAL DYNAMICS

Electric Boat

**EB**  
BENEFITS  
AND WELLNESS



## Groton Dental Group

Dennis Flanagan, DDS MSc

American Board of Oral

Implantology/Implant Dentistry

American Board of General Dentistry

Bruce Dougherty, D.D.S.

Danielle Green, D.M.D.

- General Dentistry
- Implants Placed and Restored
- Dentures - Same Day Service
- Relines and Repairs

1100 Poquonnock Rd., Groton

**445-9765**

### Windham Dental Group

1671 West Main St., Willimantic

**456-3153**

WE PARTICIPATE IN  
MTC DENTAL PLAN  
Retiree's Are Accepted



Peter Baker  
President

114 Poquonnock Road  
Groton, Connecticut 06340  
Tel: 860-445-1277  
Fax: 860-449-8757  
Email: metaltrades@snet.net

John Adamson  
Vice President

RICHARD MCCOMBS  
Recording Secretary

Catherine Race  
Secretary Treasurer

### METAL TRADES COUNCIL of New London County

*Affiliated with the Metal Trades Department, AFL-CIO*

*If you have COVID-19 symptoms or have been exposed to someone who tested positive:*

1. **Stay Home**
2. **Contact your Doctor or the Wellness Center (860-629-8272) and follow their direction**
3. **File a COVID-19 Short Term Disability Claim with (1-800-416-1808) Sedgwick**
4. **Notify The yard Hospital (860-433-3470)**
5. **Notify Your Supervisor**
6. **Complete Sedgwick COVID-19 short form (absence 14 days or less)**
7. **Complete Sedgwick Forms and return them (Permission to obtain Medical information & Medical Work Leave Request) (absences more than 14 days)**
8. **Wear a mask, socially distance, wash your hands often, Cover your cough**
9. **If you have claim problems contact your union stewards.**

FAMILY DENTAL CENTER

**Vincent Antonelli, D.D.S.**  
**Ted Malahias, D.D.S.**  
**Sean Kim, D.D.S., FAGD**

115 Bridge Street  
Groton, CT 06340

**446-8744**

CONVENIENT TO E.B.

“We Cater to Cowards”

FAMILY DENTISTRY  
Bonding - Crown and Bridge

FULL PARTICIPANT IN  
MTC DENTAL PLAN

# Insurance Update

With the recent new guidance from the CDC in May to let us take our masks off if you are fully vaccinated is a wonderful feeling. Which means we are finally coming out of this pandemic. Since less than 50% of the country are fully vaccinated I would still be a little cautious. These vaccines are not a 100% effective and many people for reasons I do not understand are refusing to get the shots. This will make the population vulnerable to not reaching herd immunity. If you feel uncomfortable in a setting just put your mask on to be safe. I have had my shots and I still wear my PPE in stores and restaurants and people do not know. This is a new turning point for our country please be safe and encourage all to get vaccinated.

The EB FAMILY PHARMACY has all three vaccines on hand ready for distribution for COVID-19. They are open Monday thru Saturday. You will need an appointment. The phone number is (888)-578-3457 and shots are available to our members and our family

Frank Ward

Union Insurance Representative

Cell (401)-499-9661 or (860)-501-3263

## MTC Safety Report

Painters - Boilermakers - Electricians - Laborers  
Machinists - OPEIU - Pipefitters - Teamsters

Hot weather is upon us again. We need to dress accordingly.

All shirts should have sleeves whether long or short, long pants, cotton is the best. If you so choose to wear tank tops and shorts, they are only allowed at the beginning of THE shift and the end of THE shift. So be prepared to wear your coveralls up all day.

Hydrate, Hydrate, hydrate. Can't say it enough.

We are now in a phase of not having to wear masks as long as you've had your shots. This pandemic is not over. If you so choose to wear your mask, Kudos to you. I respect that. Am I thinking you haven't had all your shots? No, I'm thinking you have your reasons. I am still going to be having my hand sanitizer and masks with me at all times. I feel we can relax a bit but not let our guard down just yet.

Also, anyone that gets injured and is told they needed to participate in an injury invest, I hope you know you should ask for your Union Stewart and/ or an MTC safety rep to be present. If for any reason to make sure any corrective action that comes out of the invest is followed through.

Don't want the ball to drop. We can make sure it's followed through. But please keep in mind this is to see if there is something safety can do to help stop this injury from happening again to you or anyone else.

We've found a lot of corrective actions from these injury invest. People on road jobs have come back and told safety of better PPE that they were exposed to there. Safety has listened and brought items in for trials. The invest is the time to speak up. If you have questions this is the place to ask.

Cat Race  
1st Shift  
860-405-4784

Gary Fontaine  
1st Shift  
860-326-4832

Mark Nall  
1st Shift  
860-326-4729

Bill Zaks  
2nd Shift  
860-326-4353

Harry Weyant  
2nd Shift  
860-326-4341

Safety Office  
860-433-2811  
Metal Trades  
445-6383/1277